Health VECTORS

Live Healthy With Certainty

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Personal Health Explored Deeper

We benchmark the past, current and future health of an individual and help various stakeholders make data driven actionable business decisions.

- Evidence Based Science
- Predictive Analytics
- Deep Domain Knowledge
- Artificial Intelligence
- Heuristics

1,200,000+
Subjects analyzed

1,000,000+
Reports sold

10,000+
Decisions per analysis

300+ Parameters analyzed at a time

70,000+ Calculations per analysis

June 2023

Our Products

HealthVu Smart Reports

HealthVu

3 Types of smart reports

Questionnaire Only

Blood Only/ Blood + Physicals

Blood + Physicals + Questionnaire

Validated by experienced panel of doctors

- Color coded as simply as traffic signals
- No need to google
- What to eat? What to avoid?
- Consolidated guidance
- Predict & prevent future chronic diseases
- Deep domain knowledge
- Multilingual reports

Using blood data as the primary source, we are providing enhanced smart reports which helps users engage with their health and take the next steps . . .

Your Important Parameters at a Glance

Profile	Important Parameters in respective Profile		
PHYSICALS	Weight Value: 79 Range: 55-68	BMI Value: 26.7 Range: 18.5-23	Waistline Value: 95 Range: <90
	Body Fat Value: 29.18 Range: 10-22	Height Value: 172	
PERSONAL RISK FACTORS	Lifestyle Current Smoker No Alcohol	Food Habit Veg	Exercise Moderate Intensity <150 min/week
	Heart Age Value: 86 Actual Age: 58	Sleep >7 hours/day	
DISEASE RISKS	Diabetes Already diabetic	Hypertension (in next 4 years) Risk: 74% Ideal: <5%	CVD (in next 10 yrs) Risk: 33.7% Ideal: <11.8%

Only these three diseases are covered, others are not considered as part of the analysis.

Your Diet Dos & Don'ts

Nutrition Advice: Diabetic friendly | Vitamin D rich | Liver friendly | Vit B12, B6 & Folate rich | Calcium & Vit D rich | Pancreas friendly | Cholesterol care | Weight lowering | BP lowering

1. Fruits and Vegetables

- ✔ Have 4-5 servings of fruits and vegetables daily
- ✔ Consume butter fruit as it is known to increase
- ✔ Consume green leafy vegetables, beetroot, citrus fruits (like oranges, grapefruit, lemons)
- ⊘ Avoid canned vegetables, fruits and instant soups
- ⊘ Avoid starchy vegetables like potato, sweet potato, arbi and fruits like mango, chiku, banana, and

2. Cereals

- ✔ Consume millets like ragi,
- ✔ Have high fiber cereals like
- ⊘ Avoid using refined
- ⊘ Avoid products

Consolidated Guidance for You

1. Medical Advice

In view of the reports, please consult:

DOCTOR	CONDITION
Physician	Review for Diabetes, Low vitamins, high homocysteine, low calcium, high BP, high BMI
Gastroenterologist	Deranged LFT, high amylase

2. Physical Activity Advice

Opt for at least 150 minutes per week of moderate intensity physical activity:

- ○ Get at least 30 minutes of aerobic activity 4 days a week (like brisk walking, jogging and washing car etc)
- ○ Get at least 15minutes of muscle stretching activity 1 day a week (like plank, crunch and leg lifts etc)
- ○ Get at least 15 minutes of muscle strengthening activity 1 day a week (like sit-ups, lift free weights/carry groceries (>20Kgs) and gardening (digging and shovelling) etc)
- ○ Practice yoga on a regular basis to improve your balance and flexibility

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Your Important Parameters That Need Attention

Weight, Waist, P

	Weight	Waist
Result:	79	95
Range:	55-68	

Cause / Effect of these deranged parameters

When we consume more food/calories than we burn during the day, we will store the extra calories as fat and gain weight over time.

Excess weight/ BMI/ body fat put us at risk for many health like:

- ○ High blood pressure (Hy
- ○ High blood sugar (Diabe
- ○ Sleep apnea & breathing
- ○ Heart Diseases
- ○ Gallbladder stones
- ○ Stroke etc

Combined Experience — **Validated by Doctors** — **of 150+ years**

Personal Health Report

A comprehensive analysis of your health

Analysis uses Blood, Physicals and Health Questionnaire data only

Prepared for

ROHIT SHARMA

REVMAXX

Maximize Revenue Methodically

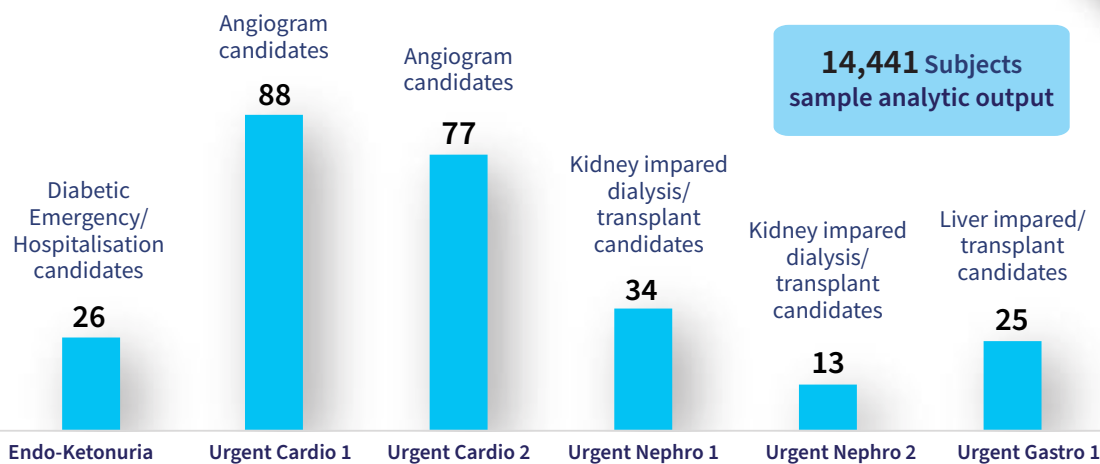# For Diagnostic Labs & Hospitals

Find your RevMaxx customers through data driven analytics & insights

Enable business users to easily derive business intelligence in real time from the available data to increase their top line and bottom line

- **Engage patients better with real-time data insights**

- **Increase your topline with RevMaxx**

- **Use deep data insights to identify candidates for specialist visits, procedures and hospitalizations etc**

- **Use data insights for targeted marketing**

Deep Insights & Targeted Marketing

14,441 Subjects sample analytic output

Angiogram candidates
88

Angiogram candidates
77

Diabetic Emergency/ Hospitalisation candidates
26

Kidney impared dialysis/ transplant candidates
34

Kidney impared dialysis/ transplant candidates
13

Liver impared/ transplant candidates
25

| Endo-Ketonuria | Urgent Cardio 1 | Urgent Cardio 2 | Urgent Nephro 1 | Urgent Nephro 2 | Urgent Gastro 1 |

Deep insights: Possible Urgent Engagement or Hospitalization

Already serving customers in top labs & hospitals globally

DietVu

Your Daily Nutritional Requirement

Energy	Proteins	Fat	Carbs	Fibre
1471.7 kcal	37-129 gms	33-57 gms	166-239 gms	21 gms

North Indian Cuisine
Nonveg

	Breakfast (100 kcal)	Mid Morning Snack (100 kcal)	Lunch (100 kcal)	Evening Snack (100 kcal)	D (1
Option 1	1 big bowl broken wheat (dhalia) upma, 1 glass of fruit milk shake without sugar, 4 piece walnuts	1 small bowl fruit salad, 4 badam	1 big bowl chicken curry (2 pieces skinless chicken), 1 small bowl brown rice, 1 small bowl	1 big bowl muesli with milk (without sugar)	1 big bowl pa (50 grams pane chappatis, 1 sm green leafy vegeta

Rohit you can mix and match any options as you like across this plan as shown
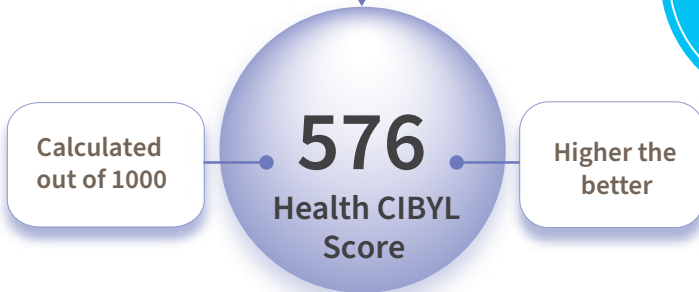
Serving bowl and cup sizes

| 1 big bowl 100 kcal | 1 small bowl 80 kcal | 1 cup 80 kcal |

Love for tea/ coffee
You can have 1-2 cups of tea or coffee in a day

Our Offerings

For Individuals & Healthcare Providers

Diet Planner DietVu™

- Provide personalized diet dos and don'ts
- Various types of cuisines with multiple choices
- Various health conditions covered
- Validated by experienced panel of nutritionists
- Created in seconds
- Follows national diet guidelines

Health CIBYL

Current health + Past health → Future health (Predictive) ← Incidentals

576
Health CIBYL Score

Calculated out of 1000

Higher the better

HEALTH CIBYL™ number is generated via a bunch of AI driven heuristic models. It considers the past, present, and future health of the subject and enables insurance companies to generate real time underwriting decisions.

Health CIBYL™

For Health Insurers

- De-risk your underwriting with HEALTH CIBYL™ generated real time
- Quick turnaround time for underwriting decisions & policy issuance
- Increase your bottomline with more efficient & accurate policy issuance
- Reduce claims by helping your customers manage risk through prediction and prevention

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